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## The Beaver and His Goals

It started last fall when a beaver moved in to the small stream beside our house. He immediately began taking down small trees, and within a couple of weeks our small stream turned into a small pond. Every day he added more to his dam and to his house.

We're sure you've all heard the saying, "busy as a beaver", but we never really appreciated it until we saw the work that this beaver did over a very short period of time.

With the stream dammed and his house built, we thought that would be the last of the beaver's busy activity as winter set in. But, to our amazement, he started chewing on a very large maple tree. And, we mean large. The tree was over 60 feet tall and is approximately five feet in diameter at the base. We were amazed at the challenge this beaver was attempting. Over the winter, he would come out and chew a bit more. He had setbacks as we faced major winter storms and freezing weather. We thought that he would never chew through this tree. But sure enough, when the weather allowed, he kept coming back and would chew a bit more.

When spring finally arrived, we went down to see the beaver's progress. Sure enough, the tree was going to come down soon!! Our beaver had almost completely chewed around and through the entire tree.

The beaver's original goal was survival - to build a home for the winter. Working every day with that particular focus in mind, he achieved that goal. But the large maple tree he started chewing in the fall was a future goal - he wanted the large tree for the spring, to provide new food and branches to continue damming in anticipation of the spring thaw. And, even with the setbacks he faced over the winter, he never gave up.

Sometimes we have a goal to just survive, but we also need to set goals for tomorrow. And sometimes, just surviving seems to occupy all of our time - working everyday, looking after our family, going to school, and so forth. But, if you do just a little bit when time allows, and keep focused on your future goal, you will achieve it!

Author: Byron and Catherine Pulsifer



# What a girl wants...what a girl needs...what a girl knows...

## Got tangled cords?

Try using an empty toilet paper tube to contain the cords on your hairdryer & other appliances. You can also use one to cover the barrel of the curling iron so you can put it away while it's still warm!

Get 7 Secret Weapons to Winning the WAR on CLUTTER at [www.OrganizingWithoutAgonizing.com](http://www.OrganizingWithoutAgonizing.com)

## "Clothes" Call

Who doesn't run late? To help cut back on time in your morning routine, try planning ahead. On Sunday, pick out what you're going to wear for the week. This also works GREAT for kids—no more fussing over what to wear while trying to get out of the door. You can also try storing them in a hanging closet organizer. They'll be pressed, in their place and ready to go!



## Front and Center

Try sprucing up your centerpiece with candles accented with leaves and pressed flowers. Bring a little of nature's season inside to enjoy. Here's how: Plan the pattern of your accent on a flat surface. Brush a thin even layer of craft glue onto each accent and press onto pillar candles of various heights. Arrange the candles on a tray and surround them with more loose leaves and flowers.

## Family Reunion

Create a free website to help friends and relatives stay up-to-date with you and your family. To get started, visit [www.myfamily.com](http://www.myfamily.com). You'll be able to post photos, videos, reminders and plan special events.



## Sifting Pretty

If a recipe calls for sifted flour, try sifting it on to wax paper. Lift and pour it into a measuring cup and level off the excess. It's best to sift confectioner's (powdered) sugar but unless it's lumpy, don't bother with granulated sugar.

## Fit for a Queen

Cleopatra was said to bathe in milk to preserve her beautiful skin. Indulge and treat yourself to a milk bath right at home. Mix 2 cups of powdered milk with 1 cup cornstarch and 1/4 teaspoon of any fragrant oil. Scoop half a cup of the mixture into running bath water. Your skin will feel smoother and softer! Store the remaining mixture in a pretty container next to the tub.

Milk not your thing? Ask me about our incredible spa products that are SURE to help you royally relax!

## The Spice of Life

Recent studies have shown that cinnamon helps keep blood sugar levels at an even keel. This may help to guard against the development of Type 2 diabetes. Try sprinkling it on oatmeal or apple slices.

Even if I don't reach  
all my goals,  
I've gone higher than  
I would have if I  
hadn't set any.

-- Danielle Fotopoulos

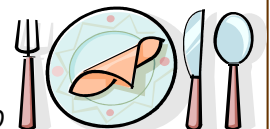
## Say "Cheese!"

Snacking on cheese can ward off cavities, says Alan Zweig, D.D.M., a cosmetic dentist in Beverly Hills, California. Cheese re-mineralizes areas of early tooth decay and helps buffer acids produced by oral bacteria.

Accent your beautiful smile with the perfect pout! Try one of our amazing lip products!

## Food for Thought

"At some point during a meal most people stop eating and set down their fork or food," says Linda Spangle, author of 100 Days of Weight Loss (Thomas Nelson). Chances are, you never notice this pause and keep eating or nibbling. If you thought about it, you'd probably realize that you feel satisfied. So, watch for your eating pause and when you notice it, really stop! Clear your plate, or if you're dining out, cover it with your napkin so you won't keep nibbling.





## Beauty Buzz

Great gift ideas...

### Naughty & Nice Gift Set



There's a little naughty and nice in everyone! Set includes Bodylicious Bathing Creme, Snow Angel Body Sorbet, Glitzy Body Shimmer and Mistletoe Kisses Linen Mist.

### Brown Sugar Set

Includes one of each of the brown sugar products.



### Falling for Him™ Fragrance- 2 fl. oz.

A fresh, masculine scent with hints of cedar and patchouli, topped off with a touch of lemon, mandarin, and basil. This cologne is for men.

### Menswear® Cologne - 1.7 fl. oz.

A rugged, masculine scent as comfortable as his favorite leather jacket.



**These are just a few of MANY great gifts available for you. Visit my website to see them all and learn about other great holiday offers!**

### Holiday Regeneration Extreme Repair Hand Therapy



Spread a little happiness everywhere you go with a mini version of one of our best-selling products! Great for stocking stuffers, gift baskets or just to have in your purse!

**Only \$3.50 this month!**



Life is a big  
canvas, throw all  
the paint on it  
you can.

-- Danny Kaye



## November

### REASONS TO CELEBRATE!!

- 1 All Saints' Day
- 2 All Souls' Day
- 3 Housewives' Day
- 3 Book Lovers' Day
- 5 Guy Fawkes Day
- 6 Saxophone Day
- 6 Melbourne Day (Australia)
- 8 Cook Something Bold Day
- 10 Forget-Me-Not Day
- 11 Veterans' Day (United States)
- 11 Remembrance Day (Canada)
- 12 Chicken Soup for the Soul Day
- 13 Sadie Hawkins Day
- 13 World Kindness Day
- 14 Young Readers' Day
- 15 Clean Your Refrigerator Day
- 17 Homemade Bread Day
- 20 Universal Children's Day
- 21 World Hello Day
- 22 Thanksgiving Day (United States)
- 26 Shopping Reminder Day



### Jill Denson

Ind. BeautiControl Consultant

(281) 381-9085

Jill@YourSpaConsultant.com

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**Nifty  
November**  
Receive a  
**free lip balm**  
with any \$35  
order!

With BeautiControl® you can create a life you love!

At BeautiControl, we believe you should have the freedom to live each day your way — balancing work around family and lifestyle needs ... loving what you do ... earning what you want ... feeling appreciated and valued ... learning from positive, uplifting people ... and being rewarded and recognized. It's empowering and satisfying, and can change your life!



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## Simple Chef!

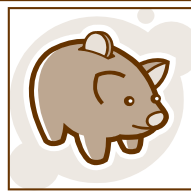
Double Layer Pumpkin Pie

### Ingredients:

- 4 oz. cream cheese, softened
  - 1 Tablespoon milk
  - 1 Tablespoon sugar
  - 8 oz. frozen whipped topping, thawed
  - Graham cracker pie crust
  - 1 cup milk
  - 15 oz. canned pumpkin
  - 2 packages (4 serving size) instant vanilla pudding
  - 1 teaspoon ground cinnamon
  - 1/2 teaspoon ground ginger
  - 1/4 teaspoon ground cloves
- Mix first 4 ingredients with wire whisk until well blended. Gently stir in 1/2 (4 oz) of whipped topping and spread into bottom of graham cracker crust.
  - Pour 1c. milk into large bowl. Add pumpkin, pudding mix and spices. Beat with wire whisk 2 minutes or until well blended. (Mixture will be thick.) Spread over cream cheese layer.
  - Refrigerate 4 hours or until well set. Top with remaining (4 oz.) whipped topping just before serving. Refrigerate to store.



Yields 10 servings



## Money Magic

Advice You Can Bank On

During this busy shopping season be sure to keep track of your credit card spending. Banks and credit lenders have substantially raised fees and penalties in recent years. One fee to watch is the Over-Limit Fee.

**What Banks Do:** Approve a purchase that puts your balance over your credit limit. In the past credit companies would decline this transaction. Now they accept it and charge you a fee that can run as high as \$39.

**How to Protect Yourself:** Use just one card for everyday purchases and keep a running tab of your ALL of your charges. This includes any automatic payments arranged for this account. Stop using the card when you near your limit or, if absolutely necessary, call and ask for a credit line increase. Don't forget that interest and other fees can increase your balance and push you over your limit, too. The best advice: don't charge amounts that you can't pay in full each month.

By Pamela Kramer