

- Sweet Advice - page 2!
- Don't Forget Dad - page 4!
- Go Platinum - page 3!



Broken Puppy

A storeowner was tacking a sign above his door that read 'Puppies for Sale.' These signs had a weird way of attracting children. And sure enough, a little boy appeared at the sign.

"How much are you going to sell those puppies for?" he asked. The store owner replied "Anywhere from \$30-\$50." The little boy reached into his pocket and pulled out some change. "I have \$2.37. Can I have a look at them?"

The storeowner smiled and whistled and out of the kennel came Lady, who ran down the aisle of his store followed by five teeny, tiny balls of fur. One puppy was lagging considerably behind.

Immediately the little boy singled out the lagging, limping puppy and said "What's wrong with that little dog?" The storeowner explained that when the puppy was born, the vet had said that the puppy had no hip socket and would limp for the rest of its life.

The little boy got really excited and said, "That's the puppy I want to buy!" The storeowner replied, "No, you don't want to buy that little dog. If you really want him, I'll give him to you."

The little boy got quite upset. He looked straight into the store owner's eyes, pointing his finger and said, "I don't want you to give him to me. That little dog is worth every bit as much as the other dogs and I'll pay the full price. In fact, I'll give you \$2.37 now and 50 cents every month until I have him paid for."

The storeowner countered, "You really don't want to buy this puppy. He is never going to be able to run, jump and play like other puppies!"

To this the little boy reached down and rolled up his pant leg to reveal a badly twisted, crippled left leg supported by a big metal brace. He looked up at the storeowner and said softly, "Well, I don't run so well myself, and the little puppy will need someone who understands."

Author Unknown



Take a little extra time to tell someone that you appreciate them exactly as they are. We've all got faults and flaws but are all just as worthy of love and capable of showing compassion.

I value you and want to thank you for being a part of my life!

What a girl wants...what a girl needs...what a girl knows...

An Apple a Day...

Grab a glass of apple juice or cider to help combat a pounding headache. Neurologist Alan R. Hirsch, M.D., director of the Smell & Taste Treatment and Research Foundation has research that shows that if you're fond of the scent of fresh apples, it can have an extremely therapeutic effect on your body. His research looked particularly at green apples but any type of apple juice—fresh or from concentrate—will help relieve headache pain.

Shape Up!

Have you been searching for the perfect pair of sunglasses but can't find the right shape on your face? Try these tips to help protect your eyes in style all year long:

- Oblong shape - Round or square frames to make your face look less narrow
- Round shape - Rectangular shades to make your face appear longer and leaner
- Square shape - Oval or round frames to soften jaw and temple angles
- Triangle shape - Trim rims or rimless bottoms to bring the focus to your eyes.

Don't forget to take care of your skin during the summer sun!

Contact me to stock up on our Sun Care Products



Eye of Beauty

If you didn't get enough sleep or your eyes are irritated, try this natural approach to soothe your peepers. Infuse a bag of chamomile tea in 4 to 6 ounces hot water, cool in the fridge for at least 20 minutes, then apply as a compress on eyes for 10 minutes, until it comes to room temp. Chamomile has a mild anti-inflammatory effect.

Paul S. Anderson, ND, associate professor of naturopathic medicine at Bastyr University

Sweet Advice

Sugar makes life a little sweeter, but it can also be used for other things around the house.

- 1) To trap stinging wasps, boil 2 ounces of sugar and a little water in a pan to make a sticky liquid. Pour this into empty jars, or a dish and leave in the open where wasps will be attracted to sweetness. They go into the liquid to feed and can't get out.
- 2) If you have ever burned your tongue on something hot, you know how much it hurts. Sprinkle sugar on it and the pain will subside.
- 3) Put a few sugar lumps in the bottom of your biscuit tin. The lumps will absorb the moisture and keep the biscuits fresh.

The elevator to success is out of order. You'll have to use the stairs... one step at a time.
--Joe Girard

On the Go

Combat high fuel prices with these simple steps:



- Fill up with a lower-octane gasoline.
- Don't top off. Stop pumping at the first indication that your tank is full when the automatic nozzle clicks off.
- Tighten up that gas cap. Gas will evaporate from your car's gas tank if it has an escape.
- Go for the shade. The sun that makes the inside of your car feel like a sauna also zaps fuel from your gas tank.
- Use your garage for your car. It reduces the need for air conditioning and defrosting.
- Pump up your tires to the maximum recommended number and check pressure once a month.
- Replace air filters. Replacing a clogged air filter could improve your gas mileage by as much as 10 percent and save you 15 cents a gallon.

Want to earn extra cash AND be your own boss? Ask me how!



Beauty Buzz

Go Platinum...

NEW! Platinum Regeneration® Age-Defying Lip Treatment

Made for men and women, this color-free treatment gives lips an overall healthier appearance in as little as two weeks. Powerful peptides, antioxidants and vitamins hydrate and repair dry, damaged lips- so you can have beautiful, younger looking lips.



What's Hot

Skinlogics® SPF 15 Water-Resistant Mist

Be sun safe. Spray-on SPF 15 protection makes it easy to reach your hard-to-reach areas. Broad UVA/UVB protection.



Dream Summer Collection

These colors won't wilt!

Check out the moisture lip color pencil, now available in four new shades, crème blush, available in three new shades and the crème eye shadow available in four new shades.



Skinlogics® Starter Sets offer:

Purchase any Skinlogics maintenance product or set at a 10% discount for the month of June only!

Don't forget to visit my website every Friday for amazing new weekend specials!

When everyone
thinks alike,
no one thinks
very much.
-- Walter
Lippmann



June

REASONS TO CELEBRATE!!

- 1 Flip a Coin Day
- 4 Hug Your Cat Day
- 4 Queen's Birthday (New Zealand)
- 5 World Environment Day
- 8 Best Friends Day
- 11 Queen's Birthday (Australia)
- 12 Red Rose Day
- 14 Flag Day (United States)
- 15 Fathers' Day
- 16 Fresh Veggies Day
- 18 Go Fishing Day
- 20 Ice Cream Soda Day
- 23 Take Your Dog to Work Day
- 24 St. John the Baptist Day (Quebec)
- 25 Dragon Boat Festival (England)
- 26 Beauticians' Day
- 26 Forgiveness Day
- 29 Camera Day
- 30 Meteor Day

